



Virgin Media's Top Tips To Staying Safe Online

1

Be informed and 'net-savvy'



2

Be the one to introduce your child to the internet



3

Young children shouldn't give out their name, number, or photo

Remind teens that once material is online, you can't control who sees it or how it's used.

4

Teach your child not all information found online is correct, accurate or relevant.

5

Let your children show you what they like to do online

Don't be surprised if your child is reluctant to show you their profiles, social media can be seen as a parent-free zone.

6

Talk about the risks of meeting online "friends" in person

Children shouldn't meet strangers they met online without being accompanied by an adult.



7



Use Virgin Media's FREE and easy Parental Controls

8

Sign up to Virgin Media's award-winning Online Armour internet security from online security experts F-Secure.



Remember that the positive aspects of the internet outweigh the negatives

